

Covid 19 Competition Protocol 2021-2022

All Organizations Must Follow US Ski & Snowboarding Competition Guidelines

US Ski & Snowboard Covid- 19 Alpine Domestic Competitions Guidance

Open PDF for Domestic Competition Guideline Details



2021-22 U.S. Ski &
Snowboard Alpine C

Open PDF for Domestic Competition Guideline Details

CDC considerations

The risk of COVID-19 spread increases in youth sports settings as follows:

- **Lowest Risk:** Performing skill-building drills or conditioning at home, alone or with family Members.
- **Increasing Risk:** Team-based practice.
- **More Risk:** Within-team competition.
- **Even More Risk:** Full competition between teams from the same local geographic area.
- **Highest Risk:** Full competition between teams from different geographic areas.

Mt Hood Skibowl's Policies for Competition

- Follow all Mt Hood Skibowl Covid policies.
- Competition may only be held on weekdays or evenings.
- Only one event will be held per day or evening.
- Minimum six (6) feet at rest and minimum ten (10) feet while exercising. Prohibit close contact between participants from different clubs and organizations.
- Masks are required at all times except for free skiing and when athlete is in the start gate and on racecourse. Athlete will place mask back on after they have finished a run and prior to leaving the finish area.
- There will be no in lodge meeting areas.
- No indoor day of registration.
- Non-essential personnel and spectators will have access to the lodge for short periods of time to use the restroom or to order food to go.
- No bags will be allowed in the lodge.
- Transportation must be in family groups or pods (cohorts) established by organization or team Covid 19 coordinator.
- Athletes must have their temperatures tested and reported to the Covid-19 Coordinator 24 hours in advance who will in turn report results to Mt Hood Skibowl's representative.

- An athlete who does not follow Mt Hood Skibowl's Covid 19 protocol will be given one warning and the team coach will be notified
- If an athlete is found again breaking the protocols set by MHSB or another athlete from the same team is found not following Covid protocols, the entire team will be reprimanded up to the suspension of training and competitions privileges for an undetermined specified time
- Training or competitions may be suspended if one or more of the MHSB race and comp staff shows symptoms or has come in close contact with someone who has experienced symptoms of Covid 19

All Organizations and Teams Must Assign a COVID-19 Coordinator

- Liaise with county on specific rules and regulations around COVID-19, including but not limited to: mass gathering limits, out of state quarantine rules (if any) and emergency protocols.
- Liaise with Mt Hood Skibowl for specific COVID-19 policies and procedures including but not limited to ski patrol, emergency protocols and any designated-on site quarantine space(s).
- Central contact point for all participant and staff COVID-19 questions and concerns.
- Monitor compliance of symptom and temperature checks, and follow up with appropriate action as needed.
- Maintain a record of contact information for all participants in attendance at the competition for notification and health authority contact tracing purposes.
- Notification system to all participants in the event of a positive COVID-19 case reported within 48 hours of competition
- Develop back-up staffing and volunteer plans, including cross-training individuals and a roster of trained back-up personnel
- Conduct virtual training for coaches and volunteers on all safety protocols.
- All meeting including, but limited to coaches and volunteer meeting, team gathering, bib distribution must be held outdoors or prior to event

This protocol is subject to change in accordance with changing Federal, State, County and Local guidelines.